

DENTAL ST1 POST INFORMATION 2026 NHS ENGLAND WT & Plymouth (South West)

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| 1. | Region (Deanery) Name | Plymouth, Devon (South West) |
| 2. | Title of post Duration of post | <ul style="list-style-type: none"> • ST1 Special Care Dentistry • 3-4 years • 1.0 WTE (Full time) |
| 3. | Main training unit/location | <ul style="list-style-type: none"> • Plymouth Community Dental Services |
| 4. | Rotational Post information and Duration (other sites) | <ul style="list-style-type: none"> • Special Care Dentistry General Anaesthetic List one morning every 4 weeks at Derriford Hospital. Additional lists as necessary to meet service need. • Learning Disability led General Anaesthetic List one morning every month at Derriford Hospital. Additional joint general anaesthetic lists with medical/surgical specialties as necessary based on patient need. • Support to pursue attachments with other services/teaching hospitals, as appropriate both in Devon and nationally |
| 5. | Full address of all unit/s where training is based | <p>Greenbank Dental Clinic, Plymouth Community Dental Services, 1a, Baring Street, Greenbank, Plymouth, Devon PL4 8NF</p> <p>Scott Dental Clinic, Plymouth Community Dental Services, Scott Business Park, Beacon Park Road, Plymouth, Devon PL2 2PQ</p> <p>Freedom Unit, University Hospitals Plymouth NHS Trust (Derriford), Derriford Road, Plymouth, Devon PL6 8DH</p> |
| 6. | Travel Commitment | Use of own vehicle desirable for the post, public transport in Devon is not a regular or as comprehensive as in other parts of the UK. |
| 7. | Name of Training Programme Director (TPD) | Camilla Boynton |

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| 8. | TPD Contact details | <p>Consultant in Special Care Dentistry The Salaried Dental Service Exeter NHS Dental Access Centre RD&E Hospital (Heavitree) Gladstone Road Exeter, EX1 2ED</p> <p>Reception: 01392 405718 Mobile: 07379 064543 Email: camilla.boynton@nhs.net</p> |
| 9. | Description of training post including Educational Supervisor if known | <p>This is a specialty training post for a fixed term of 3-4 years (full-time), designed to meet the requirements of the South West Deanery for specialist training and complying with the requirements of the Postgraduate Dental Dean and recommendations of the SAC.</p> <p>The post holder will be required to actively contribute to an Educational Agreement and meet the agreed learning objectives. They will be eligible for the award of a Certificate of Completion of Specialty Training in Special Care Dentistry (CCST) leading to registration with the General Dental Council as a Specialist in Special Care Dentistry, subject to satisfactory progress and completion.</p> <p>The appointment will commence in September 2026 at NHS Specialty Trainee grade.</p> <p>The training post will be based predominantly in primary care in Plymouth under the supervision of:</p> <ul style="list-style-type: none"> • Dr Lousie Hopper, Specialist in Special Care Dentistry and Educational Supervisor • Additional Specialist in Special Care Dentistry due to be appointed imminently • Mr Simon Heywood, Specialist in Oral Surgery and Clinical Supervisor • Ms Donna McCormick, Senior Dental Officer/Conscious Sedation Lead and Clinical Supervisor <p>Additional placements will be arranged at other specialist centres and teaching hospitals both within the region and nationally as per educational agreement.</p> <p>Plymouth Community Dental Services provides dental care services to all the patient groups described in the Special Care Dentistry Training Curriculum. Treatment modalities include non-pharmacological behaviour management techniques, acupuncture, conscious sedation and treatment with general anaesthetic. There will be opportunity to work within a supportive senior clinical team, where Trainees can provide treatment in our special care clinics and hospitals, as well as domiciliary care. We work alongside our Oral Surgery colleagues within the service, and with multidisciplinary teams, including Learning Disability and Oral Health Promotion personnel.</p> |

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| | | Attendance at national and international conferences, regional meetings and study days with fellow Specialist Trainees, will be supported with prior agreement. The successful applicant will have opportunities to develop professional generic skills in clinical governance, leadership and reflection, and they will be encouraged to undertake postgraduate qualifications and/or research opportunities to support their training. Full support will be given to prepare for the Tricollegiate Membership examination in Special Care Dentistry. | |
| 10. | Suitable for Temporary Registrant? | | NO |
| 11. | Primary Care element Performer Number required? | YES | |
| 12. | Pattern of working (including any on-call commitment if applicable) | <ul style="list-style-type: none"> • 2 sessions study & 1 session of admin per week which can include: <ul style="list-style-type: none"> ▪ StR Virtual Study Group once per month ▪ StR Virtual Journal Club once per quarter • At least 2 sessions of conscious sedation per week • 5 sessions routine clinic • At least 1 session of GA per month at Derriford Hospital • Domiciliary dental care (only provided to our most complex special care patients unable to access the clinic) <p>The trainee will not be expected to take part in an on-call rota or work out of hours as part of their normal timetable.</p> | |
| 13. | Educational programme Summary | <ul style="list-style-type: none"> • In line with the Special Care Curriculum, the training programme will include at least 60% direct clinical care and 20% is protected for study, audit, and research. • Trainees will be expected and supported to develop professional generic skills in clinical governance, leadership and reflection and they will be encouraged to undertake postgraduate qualifications and/or research to support their training programme • There may be training opportunities available as single or infrequent training opportunities in other centres/with other specialties, and every effort will be made to ensure trainees are able to attend these opportunities. • Following logbook reviews, Trainer feedback and ARCPs, if a trainee is found to have insufficient clinical experience in any area, the timetable will be adjusted to meet that need, and the trainee will be involved in the planning to meet their objectives. | |

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| | | <p>Trainees may also apply for:</p> <ul style="list-style-type: none"> • 30 days study leave • The following opportunities are available on a less than weekly basis (timetables will be amended to allow attendance, as appropriate): <ul style="list-style-type: none"> - STR Journal Clubs - STR Study Group - Specialist and Senior Management Team Meetings - SCD Managed Clinical Network Meetings - Regional SCD peer review - Regional CDS sedation group - Clinical governance |
| | Optional (complete if applicable): | |
| | Research component of curriculum | Research and QI projects are encouraged and supported, including presenting at regional meetings, national and international conferences. |
| | Certificate awarded | Tri collegiate membership examination in special care dentistry (or equivalent at the time of reaching that stage of training) is required for successful completion of the training programme and eligibility for GCD specialist register. |
| | Time commitment | |
| | Fees | |
| | Employment Details | |
| 14. | Employer | <ul style="list-style-type: none"> • Livewell Southwest |
| 15. | Contact email for applicant queries referring to post | <ul style="list-style-type: none"> • Louise Hopper, Specialist in Special Care Dentistry, Educational Supervisor Louise.Hopper@nhs.net • Suzanne Sykes, Current Trainee in Special Care Dentistry in post Suzanne.Sykes1@nhs.net |
| 16. | Link to relevant webpages | <p>Link to Trust/employers website: https://www.livewellsouthwest.co.uk</p> <p>Link to NHSE WTE website: https://dental.hee.nhs.uk/dental-trainee-recruitment/dental-specialty-training</p> |

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| 17. | Indicative timetable/ working pattern (may be subject to change) | Timetable | | | | | |
| | | | Monday | Tuesday | Wednesday | Thursday | Friday |
| | | AM | Sedation (Inhalation, intravenous, transmucosal) clinic | Treatment clinic | Sedation clinic | Treatment clinic | Study Day |
| | | PM | Assessment clinic | Assessment clinic | Treatment clinic | Admin time | Study Day |
| | Alternative sessions | | 1 in 4 study day | 1 in 4 STR Virtual Study Group 1 in 12 STR Virtual Journal Club | Other specialty placement or location e.g. MOS | 1 in 4 Special Care Dentistry General Anaesthetic | |
| <i>Please note: this timetable is indicative only and may change subject to service needs and changes to the curriculum.</i> | | | | | | | |